



Burscough Bridge Methodist Primary School

PE Policy

Mission Statement

'Let Your Light shine to all' (John Wesley)

Through exciting opportunities in lessons and the wider curriculum our children become well rounded, caring changemakers in our world. Each child is at the heart of all we do to ensure they become the best they can be and are meant to be.

Vision

As a truly distinctive Methodist school our vision is to be a Welcoming, Worshipping, Witnessing presence in the village and the community. At Burscough Bridge children thrive, emotionally, spiritually and academically to be the person God intended them to be; a school that the Methodist Church and the local community can take great pride through.

Aims

The aims of the school P.E. curriculum reflect the aims and ethos of the school. We deliver sessions aimed at developing and challenging the children's individual skills and lessons are tailored to suit the children's specific needs. The P.E. curriculum helps our children develop healthy life styles and mental wellbeing through increasing their physical activity and gives every child the opportunity to shine.

Overall Objectives

- We aim that all children will be taught a broad and balanced curriculum by experienced and specialist instructors and sports coaches.
- To maintain access to high quality physical education and school sports within the curriculum and access taught PE outside the curriculum for all pupils.
- To increase the range of different sports and activities we offer the children thinking about their interests and suggestions made by the children for extra-curricular activities e.g. Tri-Golf.
- Children can develop their skills at their own pace while finding fun and enjoyment in sports activities
- To promote an active and healthy lifestyle
- To focus on being physically active and maintain and increase muscle strength, stamina, flexibility and mobility of the growing child.
- To develop an appreciation of skilful, creative and aesthetic performances across the areas of activity.
- To develop the appreciation of the concepts of fair play, honest competition and good sportsmanship; also develop the ability to cope with both success and failure in competitive and co-operative activities.
- To develop communication skills, self-esteem, confidence, good motivational attitudes and a good attitude to team work.

Contents of the Curriculum

P.E. is a foundation subject in the National Curriculum. It aims to ensure that all children: develop competence to excel in a broad range of physical activities:

- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

In Key Stage 1 children should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

In Key stage 2 children should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

These are developed at an appropriate level through the following areas.

At Key Stage 1 – Dance

Invasion Games
Athletics
Gymnastics
Striking and Fielding

At Key Stage 2 - Dance

Invasion Games
Gymnastics
Athletics
Striking and Fielding
Outdoor and Adventurous Activities
Swimming

Children will also take part in 'Bolt-On' activities such as Bikeability, Yoga and Forest School.

Teaching and Learning

Children are taught in mixed Year groups by a qualified sports coach under the direction of West Lancashire Sport Partnership and the PE Coordinator, to ensure coverage of the National Curriculum Programmes of Study. More specialist areas for example swimming, will be taught by trained instructors.

There are 3 stages to the PE planning (Long, Medium and Short)

- Long Term planning is arranged by West Lancashire Sports Partnership and the PE leader to ensure good curriculum coverage for the year.

- Medium Term planning is the responsibility of the member of staff delivering the session. These will be taken and adapted from the Lancashire Scheme of Work.

- Short Term planning is the responsibility of the member of staff delivering the session. These will be taken and adapted from the Lancashire Scheme of Work and will be highlighted, annotated or rewritten depending on the needs of the children in the group.

Children will have the opportunity to work and learn in a number of ways

- Whole groups
- Small groups
- Pairs

- Individually

Children with Special Educational Needs will participate in all activities as far as possible according to his/her abilities. The National Curriculum sets out three principles that are essential to developing an inclusive curriculum:

- Setting suitable learning challenges
- Responding to pupils' diverse learning needs
- Overcoming potential barriers to learning and assessment of individuals and groups of pupils

These principles are considered by teachers and coaches when planning for individuals and groups of pupils. Where appropriate, in all activities, resources, tasks, groupings, support and teaching method will be adapted. The P.E. programmes for children with Special Needs are designed through consultation with updated records, SEND Co-ordinator, the parents/guardians and any special needs personnel

Assessment

Children's progress is monitored by all staff involved in PE sessions and is recorded through verbal feedback, photographs and analysis of lesson plans.

All children are assessed at the end of each unit of work, which is half-termly.

Children are assessed against the Lancashire Scheme of Work criteria. Teachers are responsible for ensuring they are proactive in asking the West Lancashire Sport Partnership coaches for their class's assessments.

Annual feedback is reported to parents in an end of year report. The PE leader will oversee these processes.

Cross-Curricular Links

PE helps contribute to an overall broad and balanced curriculum. PE has a direct link in school to the PSHE curriculum where children are encouraged to think about what is necessary to lead a healthy lifestyle including attending extra-curricular activities in school and outside of school.

Safety

The school will follow the safety requirements as recommended in "Safe Practice in Physical Education".

Key points

- All children participating in PE session should be wearing appropriate kit. This includes all staff involved in the sessions.
- Apparatus must be checked before use to ensure it is in good working order.
- All personal items to be removed for PE.
- Ensure the areas are safe for children e.g. check for wet floors.

- Children must be taught to carry all apparatus correctly. For example, two children to carry benches and mats, one child at each end.
- First Aiders available on site and at least one First Aider to accompany a group off site. List of First Aider in school office / staff room.
- Staff to be aware of children's medical needs. Information to be compiled at the beginning of the year and checked and updated regularly. Any Asthma sufferers to take medication with them on off-site activities.

Equipment

Each activity has its own specialised equipment. Equipment is stored in the hall and the resource room. It is the responsibility of the class teacher or coach to collect the equipment they need for each lesson and then return to its proper place. The loss or damage of the equipment must be reported to the P.E. leader. It is the P.E. leader's responsibility to order equipment through consultation with the rest of the staff regarding what equipment is most needed.

Monitoring and Evaluating

The whole P.E. programme will constantly be monitored and reviewed when necessary, essentially by the P.E. Co-ordinator but again in consultation with the teaching staff.

The Subject Leader will provide support for all staff. They will oversee the assessment and recording process for the subject, alongside West Lancashire Sport Partnership coaches and report their findings back to the Head teacher.

Review

The governing body will review this policy every three years. However, it may be reviewed earlier if new government regulations are introduced, or if the governing body receives recommendations on how the policy might be improved.

Subject leader responsible for development: Mrs M Murphy

Reviewed: October 2025

Review due: October 2029