



# Personal Social and Health Education Policy



**Burscough Bridge Methodist School**

## Mission Statement

### **'Let Your Light shine to all' (John Wesley)**

Through exciting opportunities in lessons and the wider curriculum our children become well rounded, caring changemakers in our world. Each child is at the heart of all we do to ensure they become the best they can be and are meant to be.

#### Vision

As a truly distinctive Methodist school our vision is to be a Welcoming, Worshipping, Witnessing presence in the village and the community. At Burscough Bridge children thrive, emotionally, spiritually and academically to be the person God intended them to be; a school that the Methodist Church and the local community can take great pride through.

#### Intent

At Burscough Bridge Methodist School our intention to give opportunities to develop self-esteem, confidence, independence and responsibility which will give each child the opportunity to achieve their full potential and contribute in a positive and constructive manner to the local community and wider society. Our programme aims to assist children and young people to prepare for adult life by supporting them through their physical, spiritual, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships. We aim to nurture and equip pupils with positive attitudes so that they become effective members of a multi-cultural community.

#### Aims

- To enable pupils to consider social and moral dilemmas and make their own informed choices, playing an active role as future members of society.
- To come together as a school to celebrate academic and personal achievements.
- To encourage pupils to develop a healthy lifestyle.
- To support pupils through physical and emotional change and development.
- To develop effective relationships and learn to respect the differences between people.
- To encourage pupils to express their own opinions, while valuing the views of others.
- To meet and work with people in the community.
- To promote pupil responsibility for the safety of themselves and others.
- To support pupils in enabling them to cope with change and knowing where to get help and advice.
- To encourage each pupil to make a positive contribution to the society and environment in which he or she lives.

#### PSHE Curriculum Implementation

At Burscough Bridge Methodist School PSHE is delivered as a discreet lesson each week. In order to deliver the aims listed above staff will deliver a balanced programme of lessons based on the PSHE Association scheme of work, including Sex and Relationships Education. These lessons may be adapted or supplemented with resources from other schemes of work if the class teacher feels it is appropriate and in discussion with the subject leader.

Burscough Bridge Methodist School seeks to provide a safe, secure learning environment for PSHE education that enables children and young people to gain accurate knowledge, develop their own values and attitudes, and develop skills to grow into happy, confident, successful adults. We promote the needs and interests of all pupils, irrespective of gender, culture, ability or aptitude. Teaching will take into account the ability, age, readiness, and cultural backgrounds of our young people and those with English as a second language to ensure that all can fully access PSHE education provision. We promote social learning and expect our pupils to show a high regard for the needs of others. We will use PSHE education as a vehicle to address diversity issues and to ensure equality for all. Staff know each child and family very well and will ensure they treat each child's unique situation with sensitivity and understanding when delivering lessons.

### Core Skills

The skills covered during PSHE fall broadly into three core themes and may have cross-curricular links with other subjects e.g. Science, Religious Education or Physical Education.

Please refer to PSHE Curriculum Overview for specific skills being covered

[FOUNDATION SUBJECTS \(burscoughbridgemethodistschool.co.uk\)](https://www.burscoughbridgemethodistschool.co.uk)

- Physical and Mental Health and Wellbeing (H)
- Relationships including Sex and Relationships (R)
- Links to the wider community (L)

[PSHE Association Programme of Study for PSHE Education \(Key stages 1–5\), Jan 2020.pdf \(hubspotusercontent00.net\)](#)

Across all three strands children are taught and reminded of how to keep themselves safe, including online safety, at an age appropriate level. Links to keeping safe online are on the school website for parents and carers and reference is made to these links each week via the school newsletter to parents.

### Safeguarding

**Peer-on-peer abuse** is defined as abuse between children.

Burscough Bridge Methodist School **has a zero-tolerance approach to abuse**, including peer-on-peer abuse.

Burscough Bridge Methodist School will refer to specific guidance in Keeping Children Safe in Education Part five: Child on Child Sexual Violence and Sexual Harassment and Lancashire Procedures. [5.31 Peer Abuse \(proceduresonline.com\)](#)

All staff will be aware that peer-on-peer abuse can occur between pupils of any age and gender, both inside and outside of school, as well as online. All staff will be aware of the indicators of peer-on-peer abuse, how to identify it, and how to respond to reports. All staff will speak to the DSL if they have any concerns about peer-on-peer abuse.

All staff will understand the importance of challenge inappropriate behaviour between peers, and will not tolerate abuse as “banter” or “part of growing up”.

Peer-on-peer abuse can be manifested in many different ways

All staff will be clear as to the school’s policy and procedures regarding peer-on-peer abuse and the role they have to play in preventing it and responding where they believe a child may be at risk from it.

### Recording of Work

Recording of work will be in the form appropriate to the planned focus and will be shown in teachers planning. Evidence of PSHE will be in a variety of forms e.g. photographs, in line with GDPR guidelines, as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

The school recognises the importance for children, young people, families and the workforce having access to confidential services, including health services to support their physical and emotional needs. It is good practise to set ground rules before every lesson. These rules should be devised as a class together to ensure all pupils are comfortable. Examples include- Everyone has the right to be listened to, Everyone has the right to privacy, We will use correct terminology. Other aspects of school life that contribute to PSHE education include: Opportunities to take responsibilities include School and Eco Council, Big Friend – Little Friend, church and class assemblies and charity projects.

### Assessment and Monitoring

As there may not always be written work to assess staff will complete half termly PSHE subject monitoring sheets making assessment and reflections on the lessons and recording achievements, comments or questions raised by children. Pupils’ questions will be answered sensitively to the topic in question and appropriate to the age and maturity of the cohort. This assessment will be used to inform future planning and delivery.

The Head Teacher Will:

- Set high expectations and monitor teaching and progress
- Encourage whole school approach, keeping parents, governors and all support staff well informed
- Support the subject leader and individual teachers

Autumn Term 2019 to be reviewed every 3 years or updated following DfE guidelines

Reviewed Autumn Term 2021