

Year 1 and Year2

Week Beginning Monday 11th May 2020	
Year 1 and 2 Content	Resource Attachment
Born to Move	We have selected the routine below for you to try this week
Login details sent to you by School	https://borntomove.lesmills.com/media/BORN+TO+MOVE+19+6-7+Heroes+In+Space/0_f78c1acp/130160062
FMS of the Week - Kick	
Kick Coaching Points	Click on the Resources Link Below
Kick Video	https://www.youtube.com/watch?v=RbZ0AH5QXdI
Athletics	
Athletics Yr 1 and 2 Resource Card	Click on the Resources Link Below
Home PE Lesson with Emily	https://www.youtube.com/watch?v=NFZMiyYyJzg
Dance	
Aladdin Maze Resource Card	Click on the Resources Link Below
Aladdin Dance with Portia Part 3	https://www.youtube.com/watch?v=PvWryScSwzY
Part 2 was sent out last week	
Gymnastics	
Gymnastics Yr 1 and 2 Resource Card	Click on the Resources Link Below
Home PE Lesson with Mrs Murphy	https://www.youtube.com/watch?v=1LfcNO_pw7I
Invasion/Target Games	
Invasion Games Yr 1 and 2 Resource Card	Click on the Resources Link Below
Home PE Lesson with Ellen	https://www.youtube.com/watch?v=MJ8mXRDx7to
Net and Wall	

Net and Wall Resource Card	Click on the Resources Link Below
Striking and Fielding	
Striking and Fielding Yr 1 and 2 Resource Card	Click on the Resources Link Below
Home PE Lesson with Jordan	https://www.youtube.com/watch?v=xAsy_EyOMk8
Outdoor Adventurous Activity	
Take Fight - Paper Planes	https://www.youtube.com/watch?v=y48pQODT0WU
Forest School	
Minibeast Hunt - Resource Card	Click on the Resources Link Below
Active Literacy	
Active Literacy Resource Card - Scrabble Run	Click on the Resources Link Below
Health and Wellbeing	You will need help from an adult in your home to cook this recipie
Sun Awareness Week - Resource Card	Click on the Resource Link Below
Courgette Cake Recipe	Click on the Resource Link Below
Born to Move with Mrs Walmsley	https://www.youtube.com/watch?v=HaDI_ljP1XI
Circuit Training with Mrs Walmsley	https://www.youtube.com/watch?v=ofXDln3FrGY
West Lancs Sport Partnership Coaches Challenges	
Coaches Challenge with Mrs Walmsley	https://www.youtube.com/watch?v=5rOq_4lySPg
Mindful Activity with Elly	https://www.youtube.com/watch?v=gP5v-G1gc4A
Rolling Penalties	Click on the Resource Link Below
Jumping Bingo	Click on the Resource Link Below
Treasure Chest	Click on the Resource Link Below

YEAR 1&2 RESOURCE LINK ON GOOGLE DRIVE

<https://drive.google.com/drive/folders/1g6MRoE3exyjHXVENhW9K1o5ycOCsOxWc?usp=sharing>